

Supermarket Trends Europe, UK and Beyond

What people are buying, where they are buying it, how they are buying it and who they are buying it from

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Campden BRI
October 2019



Campden BRI

- Independent Research & Technology Organisation
- Membership-based Association established in 1919
- 2,500 members in 80 countries
- Serves all sectors of the Food & Drink Industry
- Turnover: £22-23m, 390 staff
- 66% in the UK; 20% in EU; 14% ROW





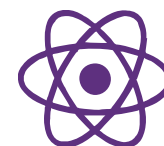
Analysis and testing



**Problem
micro-organisms**



Contaminants



**Composition and
authenticity**



**Sensory, consumer
and quality**



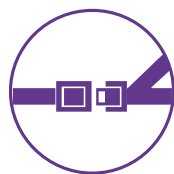
**Ingredient
functionality**



**Packaging
performance**



Operational support



**Safety
assurance**



**Quality
management**



**Processing and
manufacturing**



**Product
innovation**



Sustainability



**Laboratory
systems**



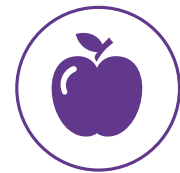
Research and innovation



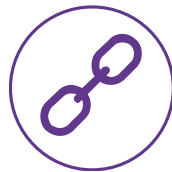
Safety



Quality and value



**Nutrition, health
and well-being**



**Resilience
and efficiency**



**Environmental
sustainability**



**Skills and
knowledge**



Knowledge management



**Training and
events**



**Legislation and
information**



**Websites and
social media**



**Specialist
websites**



Publications

Main project types in the Baking & Cereal Processing Department

- NPD to meet client target products – driven by diet and health, cost reduction, added value
- Science and technology of bakery products – driven by digestive health, new ingredients, fundamental science of structure
- Wheat, flour and baked product analysis
- Training and conferences

Content of presentation

- What sort of trends are we talking about
- What is a trend- micro vs macro
- Major and Macro trends in more detail
- Examples from supermarkets and major manufacturers
- Micro trends relevant to Tortilla and flatbread industry
- Summary

Out of Home
Schools
In Home

Where

Consumer
s

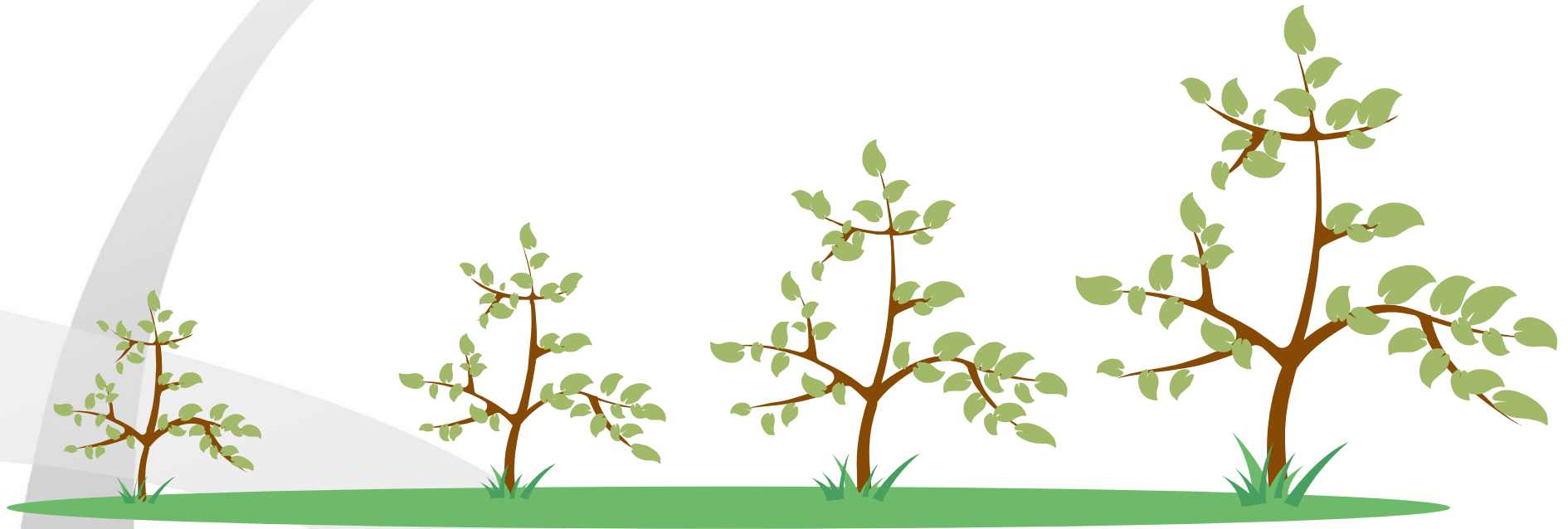
How

What

Online
Meal Kits
In Store
Amazon

Gluten Free
Clean label
Health and
Wellness

Differentiating between a micro trend and a macro trend



Micro Trend

Category Specific
Minority of population
Exclusive
Online or specialist
retailers

Medium Trend

Multiple categories similar
Specific population group
Low distribution

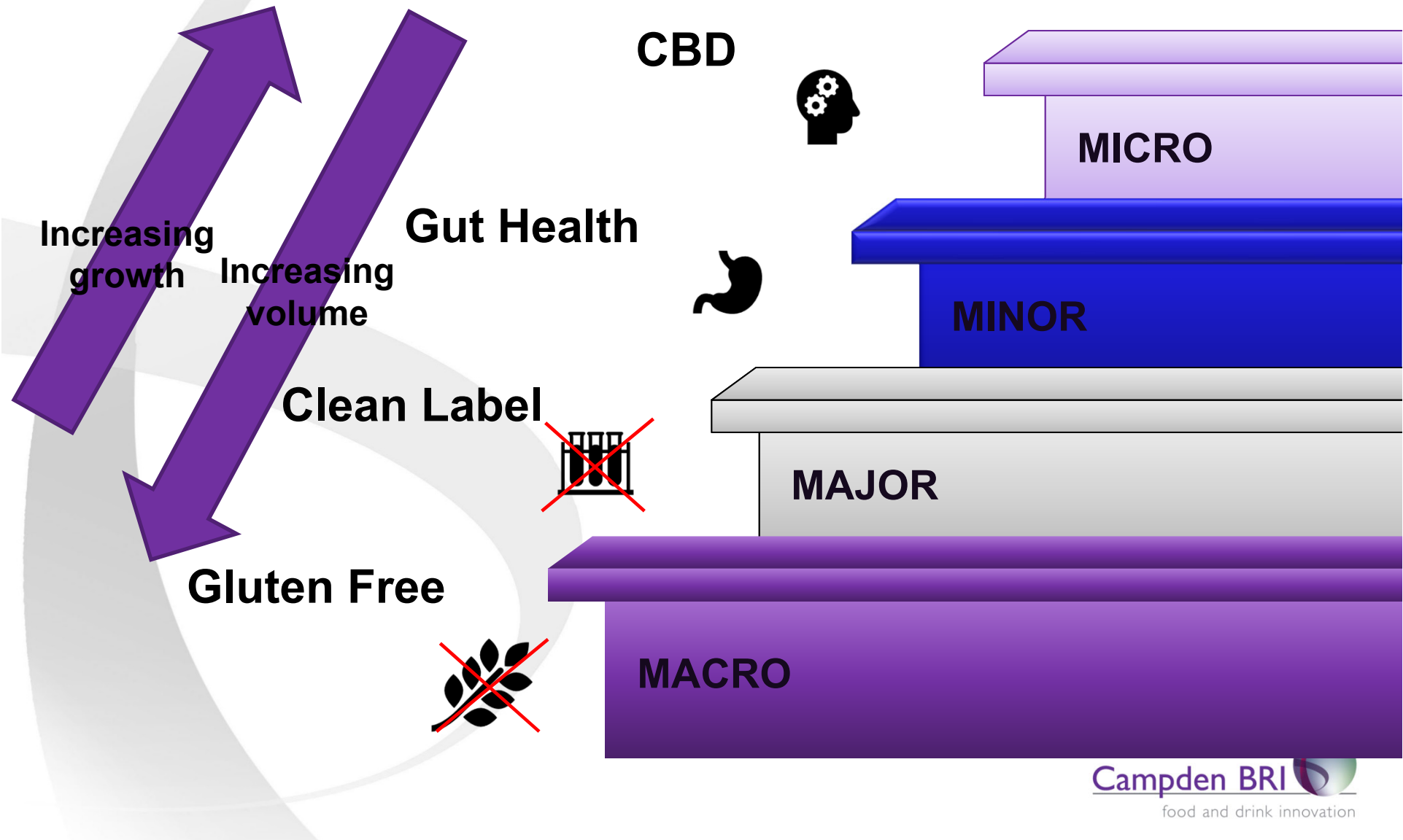
Major Trend

Cross category
implementation
Wide demographic target
Available in
supermarkets

Macro Trend

Examples seen in all
categories
Specific products
targeting specific cohorts
Supermarket Own Label
products are developed

Trends Perspective



Where

Consumers eating less at home

- Out of Home
- Schools

How

Is the traditional supermarket dying?

- Online supermarket deliveries
- Amazon
- Meal Box deliveries

What

Consumers are demanding more from their food

- Gluten Free
- Health and Wellness
- Clean label

Where are consumers eating, and what effect is this having?

The average number of dinners prepared at home per week fell from 4.9 in 2017 to 4.6 in 2018; it was 4.0 for Millennial households without children. Only 39% of meals were made from scratch

Food-to-go is increasingly moving beyond the high street, as operators look to open up new types of location

The UK's food-to-go sector is set to grow at twice the rate of overall grocery retail, with international research organisation IGD predicting the channel to grow to £22.8bn by 2023, up from £17.8bn in 2018.

As Snackification in Food Culture Becomes More Routine, Traditional Mealtimes Get Redefined

'Food on the move' products were up by 7% last year and now make up **70%** of all lunchtime choices (IGD ShopperVista via Farm Frites)

The hot and cold grab and go markets are valued at **£20bn combined** and are predicted to rise to **£23.5bn** in 2022 (IGD via Tri-Star Packaging)

Not just a UK trend....



Fresh the Good Food Market, Dublin

Retail meets foodservice, in award-winning food for now and food for later concept



Le 4 Casino, Paris

Food-to-go, core supermarket offer, great fresh and endless-aisle technology



Jumbo Foodmarkt, Tilburg

Food to go and retail, balancing both traditional and new food trends

Source: IGD, "Retail in 2025"; 2019

What does this mean for the tortilla industry?



Source: The Grocer, Trend Report 2018

What does this mean for the tortilla industry?



UK Consumers tastes expanding beyond traditional cuisines

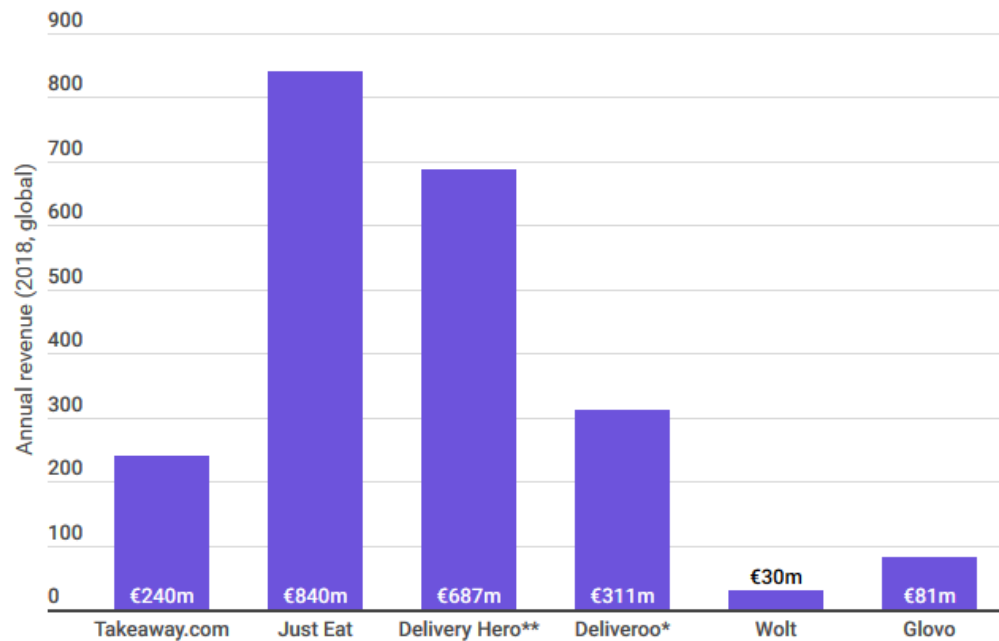
Similar patterns seen in the rest of Europe

Source: The Grocer, Trend Report 2018

Example NPD



“Out of Home” is moving to “In home”

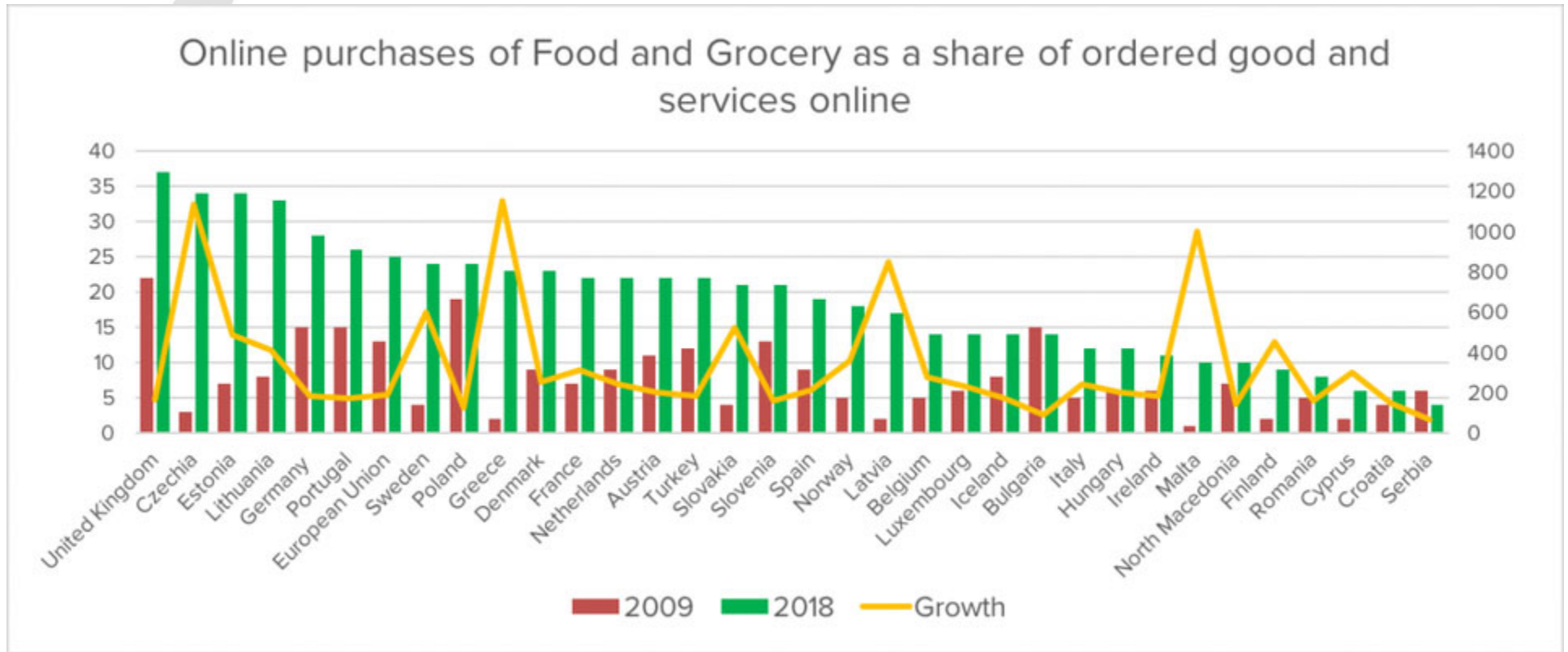


* Deliveroo's revenue for the year to 31st December 2017: last released figures.

** Delivery Hero's revenue on European orders in 2018 was €118m.

Sources: Takeaway.com, Just Eat, Delivery Hero, Deliveroo, Wolt and Glovo.

How are consumers shopping?



Nina Angelovska (Source: Eurostat)

They are also buying their groceries from other online retailers



They are also buying their groceries from other online retailers

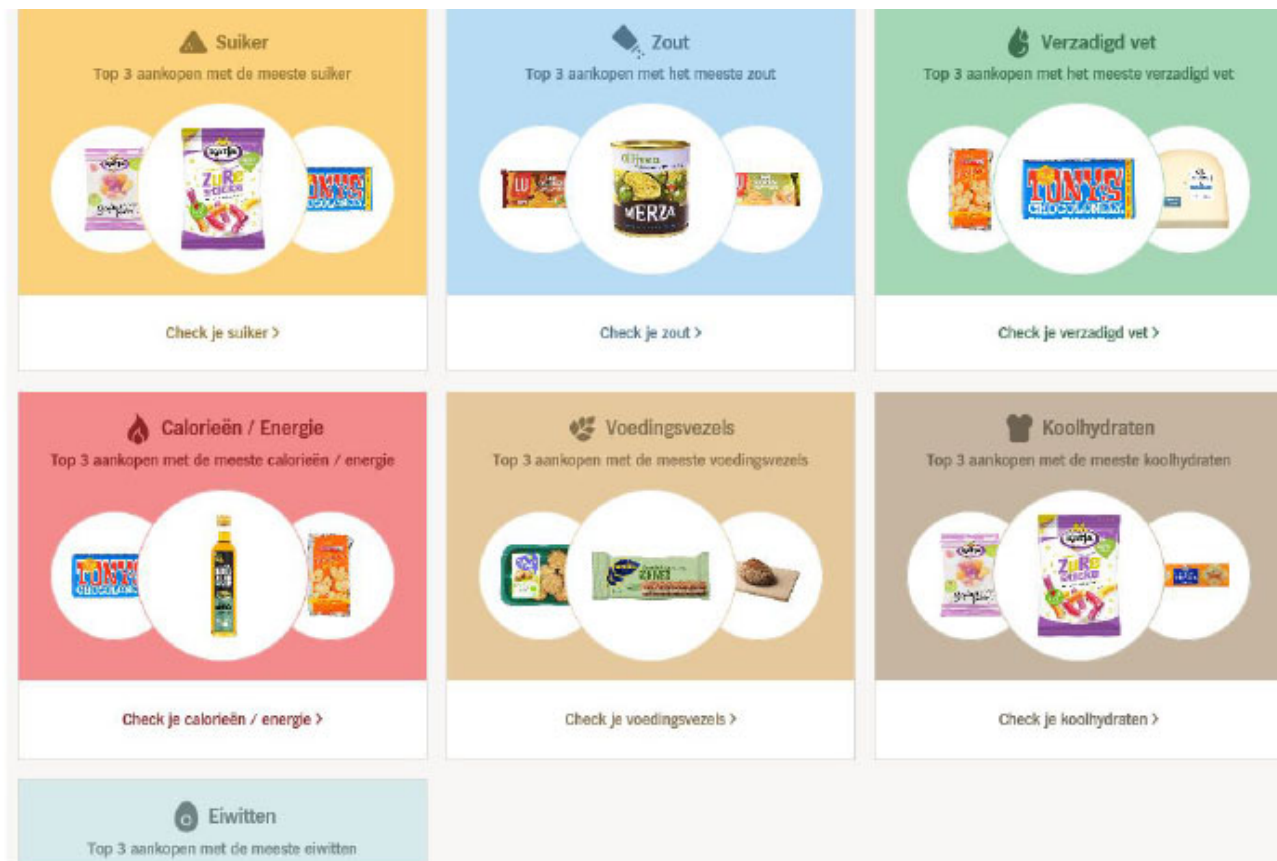


Who are also moving backwards into physical locations



Does this affect what they buy?

Albert Heijn uses personalised data from loyalty cards to recommend products based on nutritional value



Source: AH.nl

Does this affect what they buy?

Spoon Guru allows customers to filter products by nutritional, dietary and lifestyle choices

The screenshot shows the Tesco website's 'Food Cupboard' section. At the top, there is the Tesco logo, a search bar, and navigation links for Groceries, My Favourites, Recipes, Special Offers, Halloween, and Delivery Saver. The main heading is 'Food Cupboard', with a sub-heading 'Showing 1-24 of 7710 items | Show 48 per page'. Below this, there are filter and sort options. The 'Filter by' section includes checkboxes for 'New (572)' and 'Special Offers (2231)'. The 'Sort by' dropdown is set to 'Relevance'. There are three dropdown menus: '22 Categories', '830 Brands', and 'Lifestyle & Dietary'. The 'Lifestyle & Dietary' dropdown is expanded, showing a list of filters with radio buttons and item counts. A warning message states: 'Filters should not be used as an alternative to medical advice. Always check the label.' The filters include: 'All Lifestyle & Dietary' (selected), 'Halal (5477)', 'No gluten (4066)', 'Low sugar (2886)', 'High fibre (1497)', 'Organic (219)', 'No egg (6017)', 'Lacto-veg... (4343)', 'Low saturated fat (3628)', 'Vegan (2796)', 'Sugar free (787)', 'No caffeine (99)', 'Pescetarian (5989)', 'No milk (4174)', 'Ovo-vege... (3468)', 'Low salt (2792)', 'Kosher (509)', 'Vegetarian (5801)', 'No lactose (4173)', 'Low fat (2888)', 'Source of fibre (2721)', and 'Paleo (353)'. At the bottom of the filter list, it says 'In partnership with SpoonGuru. Find out more about each filter >'. A button at the bottom right of the filter list says 'Fewer Lifestyle & Dietary <'. The page number '1 on' is visible in the bottom right corner.

Meal Kits traditionally featured instore



But increasingly people are using specialised companies to deliver meal kits to their door



- Started in Europe in 2007
- Expected to reach \$3-5billion globally by 2022
- German market worth \$280m in 2017
- Large established companies exploring options



What are consumers buying?

- Significant global trends affecting food and drink industry
 - Gluten Free
 - Clean Label
 - Gut Health
 - Vegan
 - Health and Wellness

Gluten Free shows no sign of slowing



Source: Food Navigator

With tortilla's and flatbreads well represented

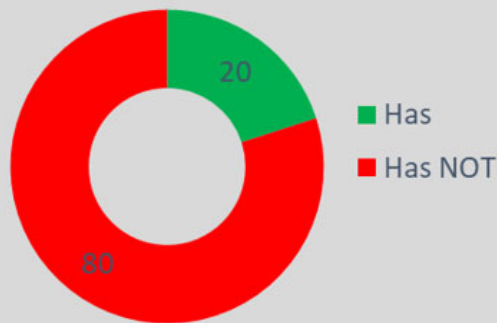


Clean label

- Demand for “clean label” has seen tremendous growth, and brought the need for new ingredients, manufacturing processes and communication strategies
- A very ambiguous term
- Seen as an industry standard, but no clear definition

Lots of “clean label” products, little clarity in industry

Proportion of respondents whose company has a definition/policy for 'clean label' (%)



NATURAL

'Natural'
'No additives, no E numbers'
'Free from artificial preservatives, sweeteners, colours & flavourings'
'Free from artificial colours & flavours, non-modified starches, "store cupboard" ingredients'
'Without ingredients that would look like a "chemistry set" on the back of packaging ingredient dec'
'Only natural additives, no artificial colours or flavours allowed'
'Does not contain artificial colours, preservatives and flavourings. No added sugar'
'Free from artificial colours, flavours and preservatives'
'Minimum number of ingredients. Natural or from natural origin (no chemicals)'

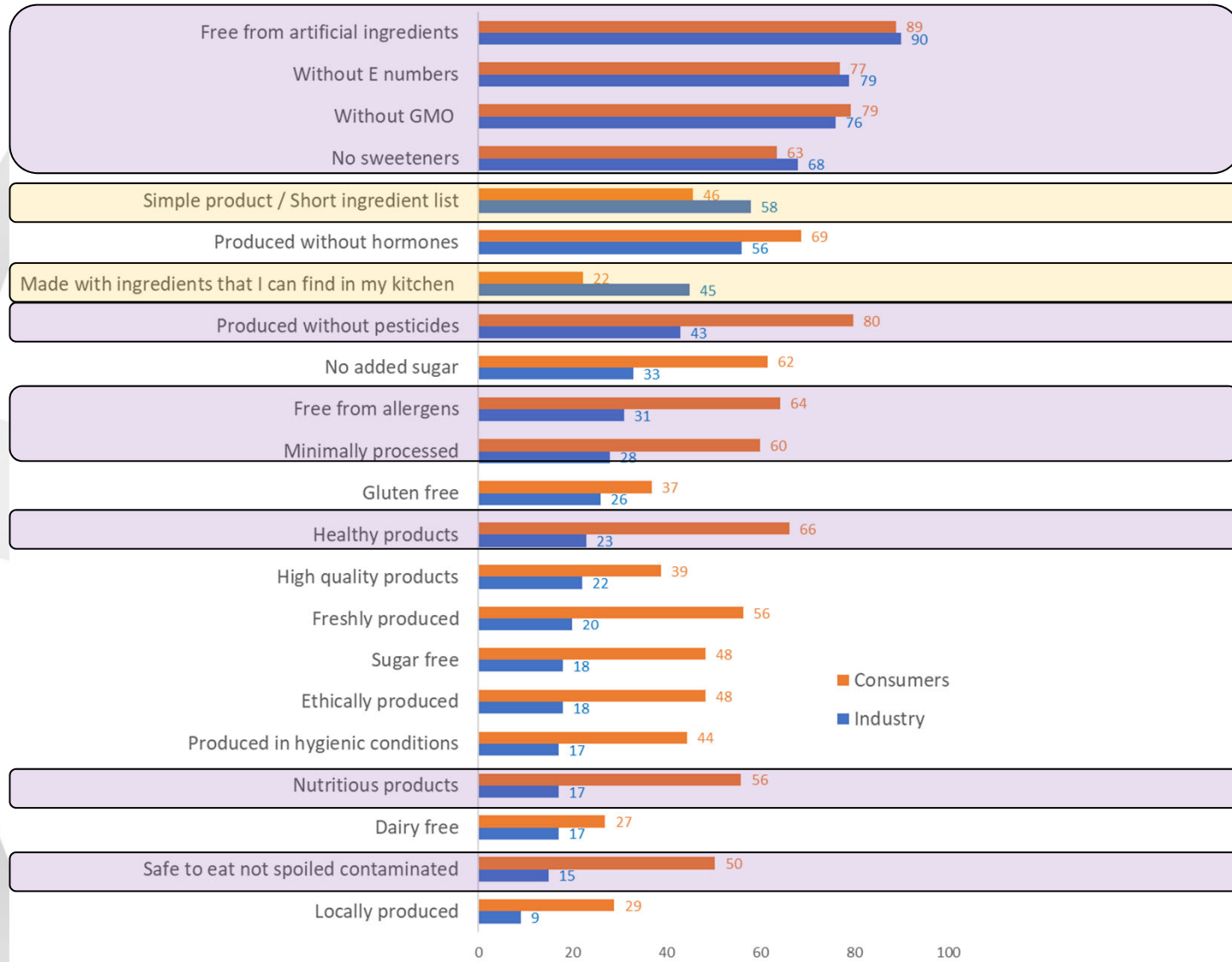
FAMILIAR TO CONSUMERS

'Ingredients normally available in a domestic kitchen'
'Product made from natural ingredients and ingredients that consumers can identify with and understand when reading the label'

DEPENDS (ON THE PRODUCT) ...

'Depends on specific claims, e.g. preservative free, free from dairy, etc'
'An unprotected claim. Short as possible ingredient list, use of natural sounding ingredients, ideally no e-numbers, salt targets below FSA 2017, no preservative where possible and GMO free'

Product characteristics associated with 'clean label' : Industry vs. Consumers
(% of respondents)



Gut Health

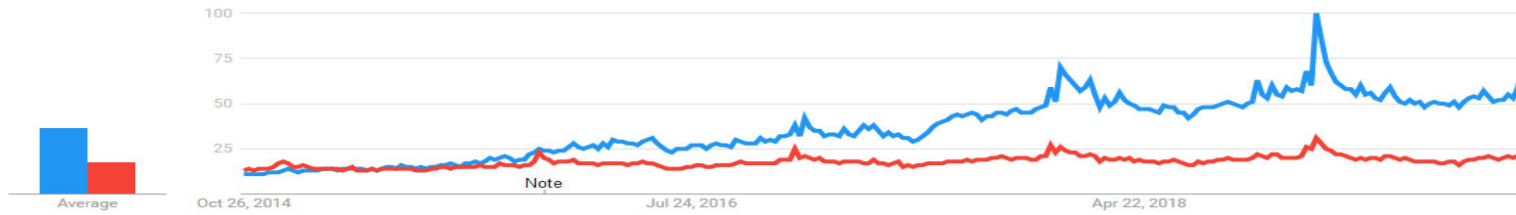
- Key emerging trend
- Science behind trend is still patchy
- EFSA authorised claims being used by a number of manufacturers

Genius are playing on this trend in the GF wrap space



Veganism continues to grow

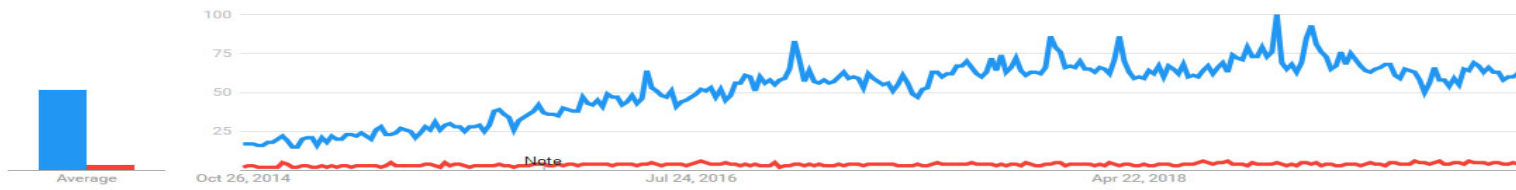
UK



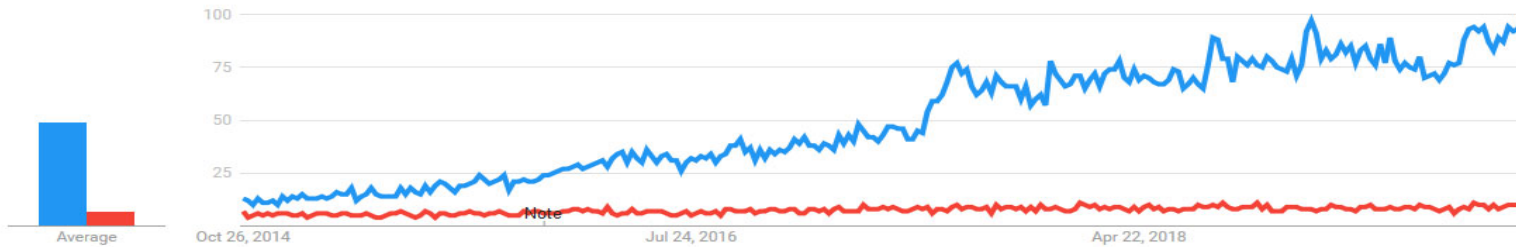
Ger



Fra



NL



Health and Wellness

- UK government intervention based on assessment of population based health effects
- Most schemes voluntary, with fiscal activity on beverages proving somewhat successful
- Salt was initial target, sugar and calories now in focus
- EU Salt Reduction framework launched in 2010

Front of pack labelling of nutrient values is varied throughout the EU



NUTRI-SCORE

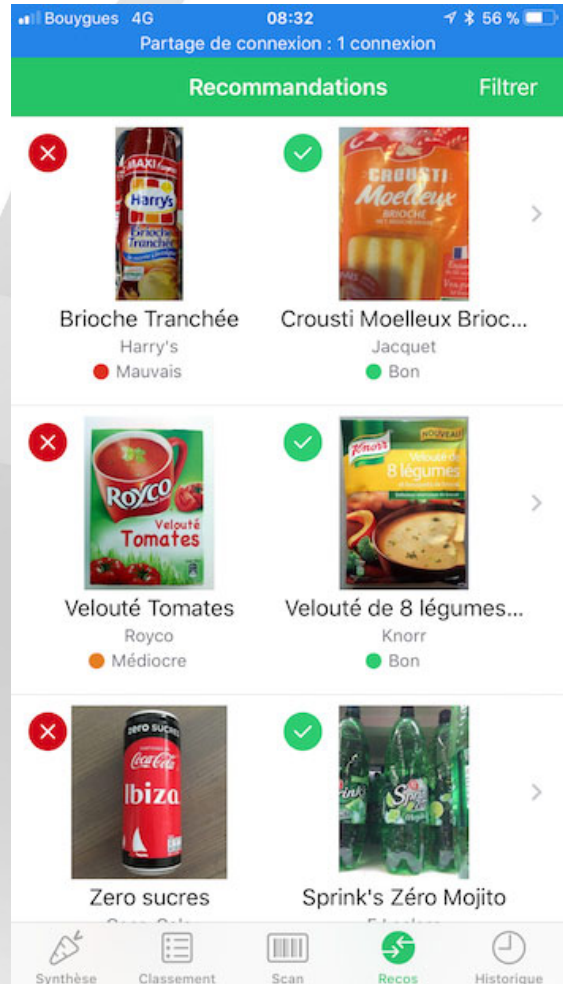


Each grilled burger (94g) contains

Energy	Fat	Saturates	Sugars	Salt
924kJ 220kcal	13g	5.9g	0.8g	0.7g
11%	19%	30%	<1%	12%

of an adult's reference intake
Typical values (as sold) per 100g: Energy 966kJ / 230kcal

And technology is again playing a large role



Yuka is one of a number of apps within Europe that gives recommendations on food choices.

Primarily based on the Nutriscore grading (French), its gaining a number of users (3m barcode scans per day)

Scoring is based on a proprietary algorithm.

- 60% of score is based on Nutriscore
- 30% based on presence of EFSA authorised additives
- 10% on organic status

Summary

- What, how, where and when people are buying food across Europe is changing
- Traditional supermarkets are having to modify their offerings to compete with non-traditional suppliers
- How consumers choose what to eat is constantly evolving, with new ingredients, dietary demands and trends appearing