





# Dough conditioners and oil uptake reduction in corn chips

Nicolas Charalampidis

R&D





# Agenda

- Nixtamalization process
- Corn flour differences
- How to prepare tortilla chips
- Water reduction in recipe/oil intake
- Customer preferences
- Conclusion







#### **Nixtamalization**

#### Origin: Mesoamerican

- AZTECS
- MAYAN

#### NIXTLI: ASHES TAMALLI: DOUGH



Ashes were the first calcium source to cook corn

Main objective: softening the pericarp and endosperm to allow an easier grinding



#### **Nixtamalization process**



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Lime + Corn Kernels

Traditional Industrial

- Time
- Lime Concentration
- Finished Product







#### MVAG – Micro-Visco Amylograph

- Flour suspension
- Heating and cooling
- Retrogradation







#### Micro-Amylograph Test

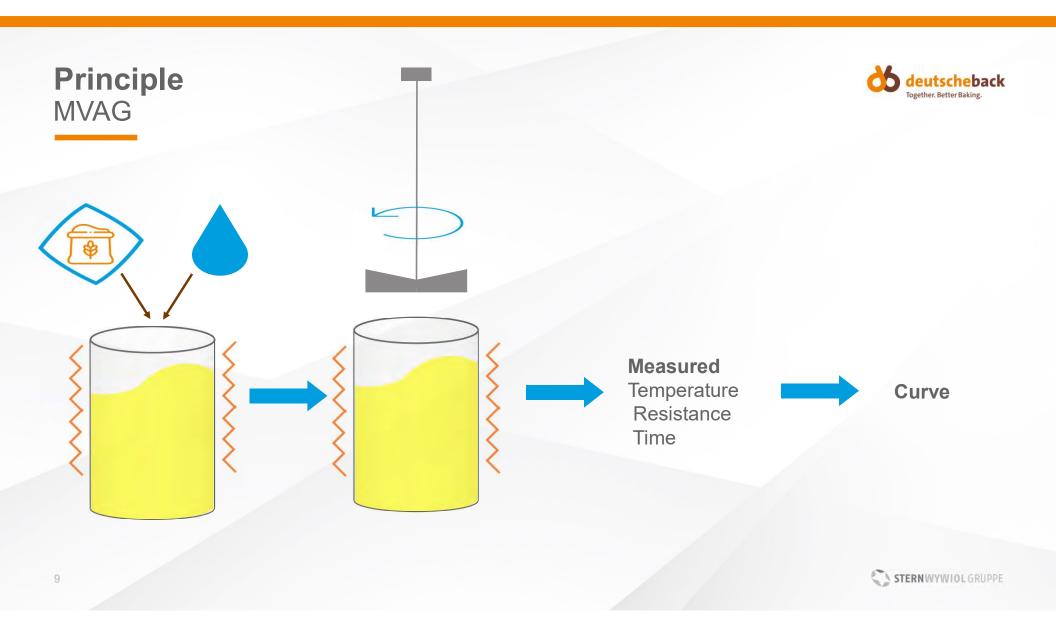
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Viscosity measurements are useful to evaluate the quality and properties of corn flour.

Controlled mixing of water and corn flour with the addition of heat provides the parameters to measure the viscosity properties.

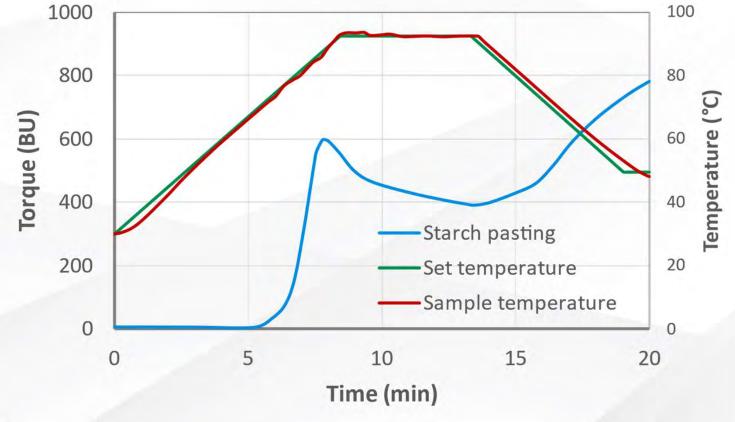
RVA/Viscoamylograph Brabender.





#### Micro-Visco Amylo-Graph–Pasting Curve of wheat flour



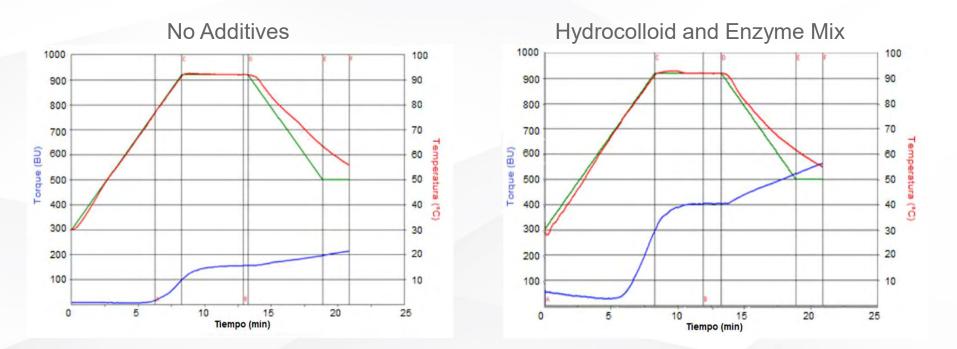


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10

## **Food Additive Effects**

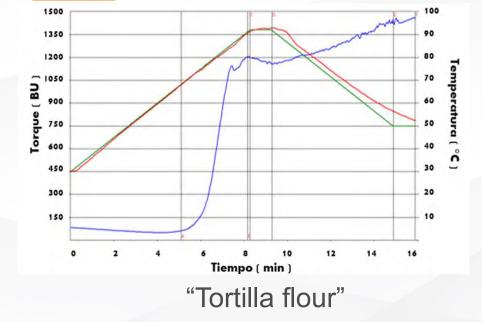


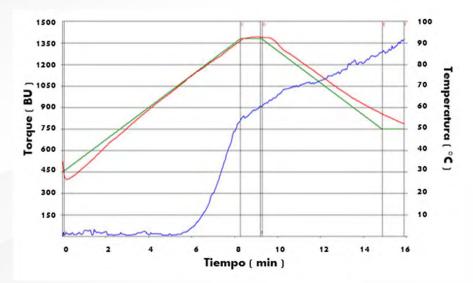


Increased viscosity suggests corn flour with improver absorbs more water









"Snack flour"

- Cooking level
- Particle size

12

Water absorption

Main modifications on starch

#### **Corn flour differences**



"Tortilla flour"





"Snack flour"

**200 – 700** μm

Particle size

**100 – 300** μm

Endosperm

**Partially modified** 

Other components

**Pericarp traces** 

**Slightly modified** 

Pericarp not hydrolyzed

# **Texture Analyser Test**

Corn flour: No Additives





#### Hydrocolloid and Enzyme Mix



- Texture Analyser TA.TX plus
- TPA measures the dough's force to estimate the consistency of the dough



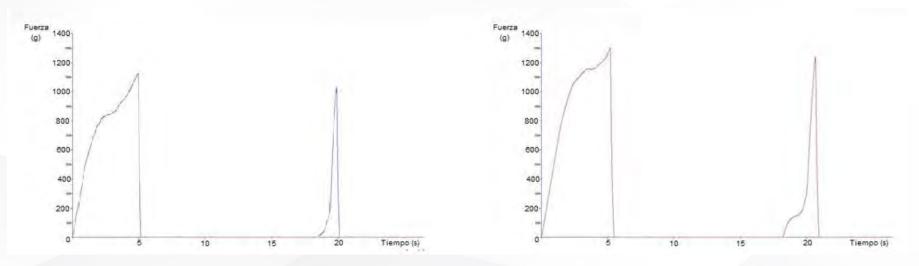
# **Texture Analyser**

15



#### Reference: No additives

Hydrocolloid and Enzyme Mix



- Higher water absorption with the same (or better) consistency and dough structure.
- It is possible to improve water absorption and machinability.



#### Farinograph

- Mixing behavior
- Water absorption
- Dough development time
- Stability
- Softening





300 g





Optimum consistency





100 g





Optimum consistency









# **Process** Mixing Sheeting Transport **End product** Frying Drying STERNWYWIOL GRUPPE

# **Differences during preparation**





Tortilla flour

Coherent masa 120–150% water absorption

Snack flour

No cohesiveness. No MASA 80–90% water absorption

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deutscheback Together. Better Baking.

#### Recipe



Coarse milled corn (60%) Standard Corn flour (40%)

85-95% water absorption75-85°F dough temperature8-20min mixing time



#### **Recipe Modified**



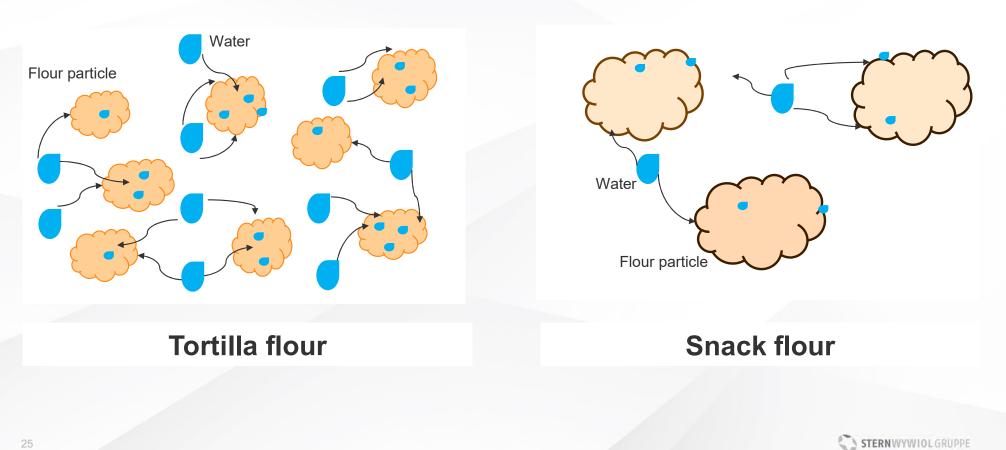
Coarse milled corn (100%)

0,3-0,8% TopBake T-CH 60-70% water absorption 75-85°F dough temperature 4-15min mixing time









# **Farinograph Test**

#### **Snack flour**



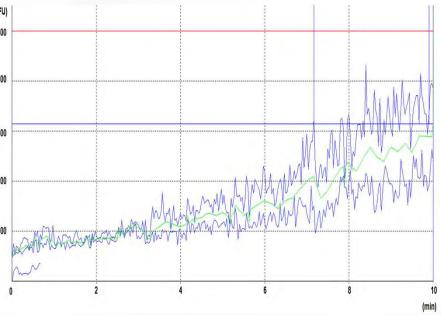


# **Farinograph Test**



#### **Snack flour and dough conditioner - 10% water**





- 90% Absorption
- **70°F Water**
- **1**4 min

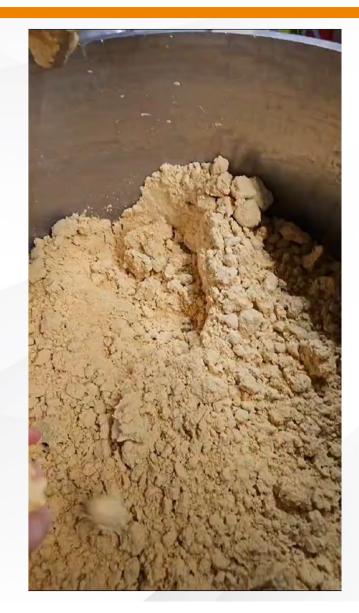




60% Absorption

■70°F Water

2 min





- 60% Absorption
- 70°F Water
- **5** min









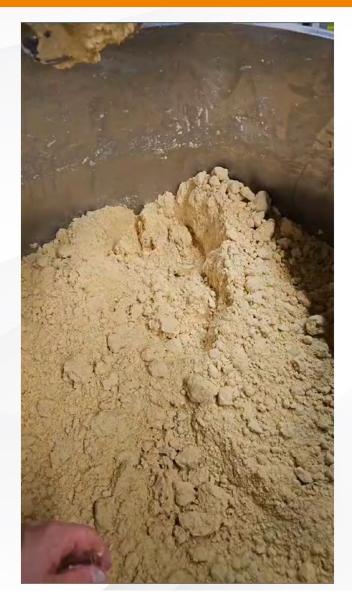
## **Dough Machinability**

- Stainless-steel roller
- Ambient dough temperature
- Improved machinability
- Reduced mixing time





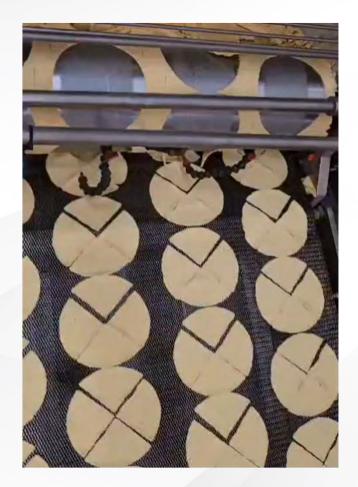
- 55% Absorption
- 70°F Water
- 8 min





# **Dough Machinability**

- Stainless-steel roller
- Ambient dough temperature
- Improved machinability
- Slightly reduced mixing time









#### **Tortilla chips**



- 350°F Baking temperature
- 45-50 sec baking time
- Humidity 23-25%





#### **Tortilla chips**



- 360°F frying temperature
- 45-50 sec. frying time
- Decrease oil absorption
- Sturdy products



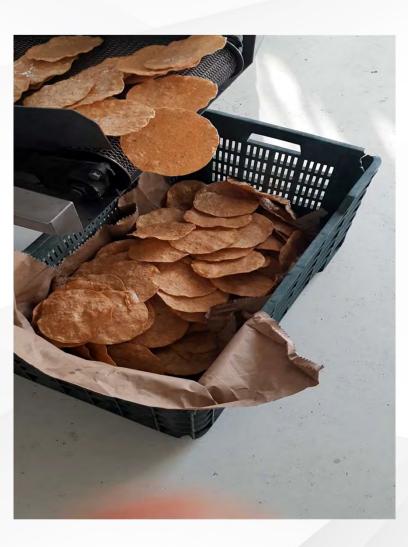
#### Tostadas





- 355°F frying temperature
- 45-50 sec. frying time
- Decrease oil absorption
- Sturdy products

## **Resistance test**









## **Tortilla chips**





Energy and time to evaporate water

Oil absorption

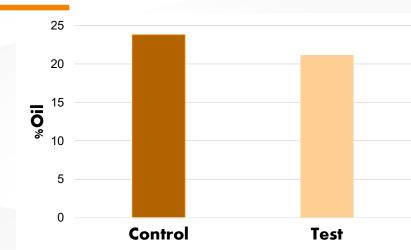
Resistance and force of products



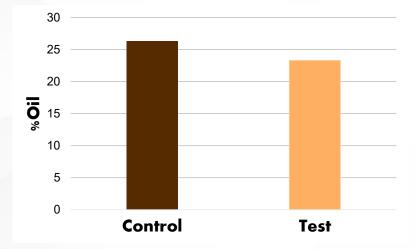
## Moisture ← → Oil Flour particle Water Mixing Masa Drying Product Frying STERNWYWIOL GRUPPE 39









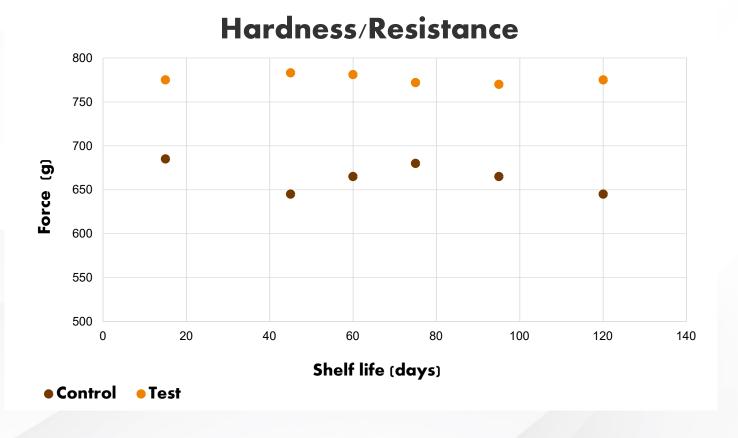






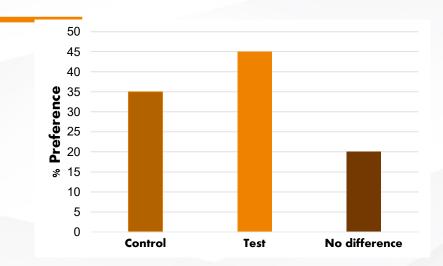


#### **Texture**

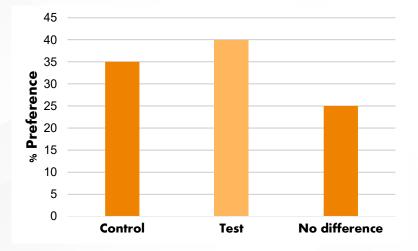




#### **Crunchiness**

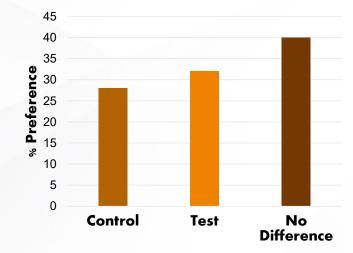








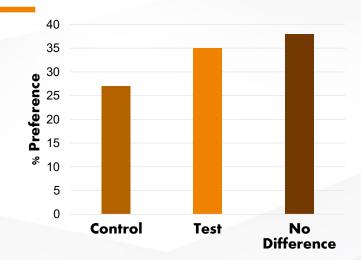






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#### Flavor









### **Enzyme blend**

# Corn dough conditioner

- Reduces the water in the formula
- Reduce mixing time
- The dough is machinable
- The chips absorbs less oil



## **Final Product**





- Decreases oil absorption
- Improves crunchiness
- No bubbles







Thank you very much for your attention Nicolas Charalampidis

> ncharalampidis@sterningredients.com.mx cel. +525559092248

